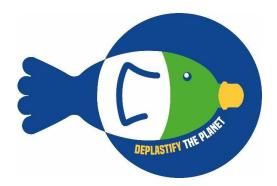


# 1<sup>st</sup> Teaches' Meeting in Portugal



From 8 to 14 October 2023, the first teachers' meeting started with the main objective of getting to know the different European teams, making agreements for the entire project duration and finally putting all the noses in the same direction, with 1 common goal: to raise awareness among our students, the school, but also the immediate environment about reducing plastic waste.

## Saturday, 8 October 2023

Travelday

# Sunday, 9 October 2023

At the hotel, we were already introduced to the different teacher teams. This was followed by a visit to Sintra, Cascais Natural Park and Guincho beach. During this trip, the first contacts were made and we got to know each other better in an approachable way.

# Monday, 10 October 2023

On Monday, we were warmly welcomed by the headmistress and her team of teachers at the school in Pegoes. Each partner school introduced its school, city and country through powerpoint presentations. Then the coordinating school, went over the application in full detail and questions were answered.

The afternoon was followed by a trip to Évora - UNESCO's World Heritage City. In the afternoon, the whole team had lunch, followed by a guided tour of the city.

# Tuesday, 11 October 2023

Tuesday was a full day of work on the project. The following items were discussed:

- Contract agreements and budgets. Who pays what?
- Responsibilities and commitments of each partner school
- Agenda and content of an exchange (general pattern of each exchange).

We ended the day with a nice, pleasant wine tasting in good company at a local winery.

#### Wednesday, 12 October 2023

No project work today, but a cultural visit to Portugal's capital, Lisbon. We tasted the famous Portuguese cakes: Pastéis de Belém, had lunch together in Lisbon and in the afternoon visited Lisbon downtown (Cais das Colunas, Praça do Comércio, Rua Augusta, Rossio)

# Thursday, 13 October 2023

At the school in Pegoes, the comic book proposal was brought by the Belgian coordinator. In addition, an online meeting was organised with the communication office Sprengers, around the support and roadmap regarding the course of the comic book.



In the evening, the host partner Portugal organised a farewell dinner with all participating teachers. It was a successful, engaging week, with good arrangements!!!

# Friday, 14 October 2023

Travelday

# DEPLASTIFY THE PLANET Teachers' Meeting – October 2022 Portugal Programme

# **Programme**

October 8 - Saturday

Travel day

#### October 9 - Sunday

Itinerary: Vendas Novas - Sintra - Cascais - Vendas Novas

Timetable:

**8:30** – Transport to Sintra (from Hotel Acez)

9:30/10:00 - arrival at Sintra

10:00 -12:30 - guided visit to Sintra - UNESCO's World Heritage Site

12:30-14:00 - Lunch time in Sintra

**14:00** – Transport from Sintra to Cascais via Sintra-Cascais Natural Park. Stop at Guincho beach.

15:00 - 17:30 - Walking in Cascais

17:30 - Transport from Cascais to Vendas Novas

19:00 - Arrival at hotel Acez, Vendas Novas

#### October 10 - Monday

#### Itinerary:

Vendas Novas - Pegões

Pegões - Évora - Vendas Novas

#### Timetable:

8:30 – Transport to EB 2,3 Pegões (from Hotel Acez)

9:00 – Arrival at EB 2,3 Pegões

9:00 - 12:00 - Project work

**12: 00** – Transport to Évora

13:00 - Arrival at Évora - UNESCO's World Heritage City

13:00 - 14:30 - Lunch time in Évora

14:30 -17:00 - Évora City free walking tour

17:00 - Transport to Vendas Novas

19:00 – Arrival at hotel Acez, Vendas Novas

#### October 11 - Tuesday

Itinerary: Vendas Novas - Pegões - Pegões Velhos - Vendas Novas

Timetable

8h30 - transport to EB 2,3 Pegões (from Hotel Acez))

9:00 – arrival at EB 2,3 Pegões



9:00 - 13:00 - Project work

13:00 - 13:30 - sandwich lunch at school

13:30- 16:00 - Project work

**16:30 –19:30** - visit to Pegões and Pegões vineyard and wine cellar; wine tasting (maybe with something small to eat (appetizers)

20:00 - arrival at Vendas Novas

#### October 12 - Wednesday

#### **Itinerary**

Vendas Novas - Belém - Lisboa - Vendas Novas

#### Timetable:

8:00 - Transport to Belém (from Hotel Acez)

9:30 – Arrival at Belém

9:30 - 12:00 - Visit to Belém (tasting Pastéis de Belém, famous Portuguese tarts)

12:00 - Transport from Belém to Lisbon

13:00 - Lunch time in Lisbon

**14:30 – 17:30** – Visit to Lisbon downtown tour (Cais das Colunas, Praça do Comércio, Rua Augusta, Rossio)

17: 30 - Transport to Vendas Novas

19:00 - Arrival at hotel Acez, Vendas Novas

## October 13 - Thursday

#### **Itinerary**

Vendas Novas - Pegões

Pegões - Setúbal - Arrábida- Azeitão (via Serra da Arrábida) - Vendas Novas

# **Timetable**

8h30 – Transport to EB 2,3 Pegões

9:00 - arrival at EB 2,3 Pegões

9:00 -12:00 - Project work

12:00 -transport to Setúbal

13:00 – Lunch time in Setúbal

14:30 – transport from Setúbal to Azeitão (via Arrábida Natural Park and Arrábida viewpoint)

15:30 – arrival at Azeitão

15:30 - 17:30 - Walking in Azeitão, tasting the famous tarts and Moscatel wine

17:30 – transport from Azeitão to Vendas Novas

19:00 - Arrival at Vendas Novas

#### October 14 - Friday

Travel day

# Links INSTAGRAM:

https://www.instagram.com/erasmusdeplastifytheplanet/#

#erasmusdeplastifytheplanet

https://www.instagram.com/p/CjlfJWhM\_Bq/?utm\_source=ig\_web\_copy\_link&igshid=MzRIODBiNWFIZA==

# Links FACEBOOK:

https://www.facebook.com/profile.php?id=100085956766616



https://www.youtube.com/watch?v=3Hzq-Dolc3E

 $\underline{https://www.youtube.com/@\,erasmusdeplastifytheplanet5957}$ 

